

From A(norexia) to Z(its): Providing Health Information to Teens

Recommended Resources

For Teens:

MedlinePlus (National Library of Medicine, NIH): <http://medlineplus.gov>

TeensHealth (Nemours KidsHealth): <http://teenshealth.org>

Go Ask Alice! (Columbia University): <http://www.goaskalice.columbia.edu/>

Planned Parenthood Info for Teens: <http://www.plannedparenthood.org/info-for-teens/>

I Wanna Know! (American Social Health Association): <http://www.iwannaknow.org/>

GirlsHealth.gov (Office on Women's Health, HHS): <http://girlshealth.gov/>

Young Men's Health (Children's Hospital Boston): <http://www.youngmenshealthsite.org/>

Above the Influence (National Youth Anti-Drug Media Campaign): <http://www.abovetheinfluence.com/>

NIDA for Teens (National Institute on Drug Abuse): <http://teens.drugabuse.gov/>

SAVE: Suicide Awareness Voices of Education: <http://www.save.org/>

From Teens, For Teens

We Are Talking (Palo Alto Medical Foundation): <http://www.pamf.org/teen/>

Do Something.org (largest national database of teen volunteer opportunities in the US):
<http://www.dosomething.org/>

Health Information Project (Mid-Hudson Library System): <http://hip.midhudson.org/top-teen-picks/>

For Adults:

CDC Adolescent Health (Centers for Disease Control and Prevention):
<http://www.cdc.gov/HealthyYouth/az/>

Find Youth Info (US Government Agencies): <http://www.findyouthinfo.gov/>

TeensHealth for Parents (Nemours KidsHealth): <http://teenshealth.org/parent/>

PFLAG (Parents and Friends of Lesbians And Gays): <http://community.pflag.org/>